
Comptes : 64 Mur : 2 Niveau: Inter+
Chorégraphe : Marlon Ronkes & Romain Brasme (Sept 24)
Musique: Work par Lil Jon

Démarrer la danse après 32 comptes d'introduction.

1-8 Side, Back Rock, Shuffle, Step, 1/2 Pivot, 1/2 Shuffle

- 1 Step left to left
- 2-3 Rock right back, recover weight onto left
- 4&5 Step right forward, step left beside right, step right forward
- 6-7 Step left forward, pivot 1/2 right transferring weight on to right (6:00)
- 8&1 Turn 1/4 right step left to left, step right beside left, turn 1/4 right step left back (12:00)

9-16 1/2 Step, Shuffle, Point Switches, Twist, 1/4 Twist

- 2 Turn 1/2 right step right forward (6:00)
- 3&4 Step left forward, step right beside left, step left forward
- 5&6 Point right to right, step right beside left, point left to left
- 7-8 Twist both heels to right, turn 1/4 right twist both heels to left (9:00)

17-24 Step, Hitch, Touch Back, 1/4 Turn, 1/4 Step, Hitch, Touch Back, 1/4 Turn

- 1-2 Step right forward, hitch left knee
- 3-4 Touch left back, turn 1/4 left transferring weight onto left (6:00)
- 5-6 Turn 1/4 right step right forward, hitch left knee (9:00)
- 7-8 Touch left back, turn 1/4 left transferring weight onto left (6:00)

25-32 Cross, Hold, 1/4 Step, Hold, Rock, Recover, Sweep, Behind, Side, Touch

- 1-2 Cross right over left, hold
- 3-4 Turn 1/4 right step left forward, hold (9:00)
- 5-6 Rock right forward, recover weight onto left sweeping right from front to back
- 7&8 Step right behind left, step left to left, touch right beside left

***Restart :** Here on Wall 5, Turn 1/4 right and step right to right to dance Tag 2 then restart

Work.

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33-40 Side, Full Diamond

- 1 Step right to right
- 2&3 Cross left over right, step right to right, turn 1/8 left step left back (7:30)
- 4&5 Step right back, turn 1/8 left step left to left, turn 1/8 left step right forward (4:30)
- 6&7 Step left forward, turn 1/8 left step right to right, turn 1/8 left step left back (1:30)
- 8&1 Step right back, turn 1/8 left step left to left, turn 1/4 left step right forward (9:00)

41-48 Step, Extended Shuffle, Flick, Step, 1/2 Pivot, 1/4 Side, Cross

- 2 Step left forward
- 3&4 Step right forward, step left beside right, step right forward
- &5 Step left beside right, step right forward flicking left back
- 6-7 Step left forward, pivot 1/2 right transferring weight on to right (3:00)
- 8& Turn 1/4 right step left to left, cross right over left (6:00)

49-56 Slow Hip Bump, Slow Hip Bump, Hip Bumps x4

- 1-2 Step left to left bumping hips left over 2 counts 3-4 Bump hips right over 2 counts
- 5-6 Bump hips left, bump hips right
- 7-8 Bump hips left, bump hips right

57-64 Touch, Ball Step, Kick Ball Point, 1/4 Step, Step, 1/2 Pivot, 1/4 Touch

- 1&2 Touch left beside right, step left to left, step right to right
- 3&4 Turn 1/4 right kick left forward, turn 1/4 left step left to left, point right to right (6:00)
- 5 Turn 1/4 right step right forward (9:00)
- 6-7 Step left forward, pivot 1/2 right transferring weight on to right (3:00)
- 8 Turn 1/4 right touch left beside right (6:00)

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#Tag 1 At the end of Wall 1

1/4 Side, Hold, Hip Roll, 1/4 Side, Hold, Hip Roll

1-2 Turn 1/4 right step left to left, hold (9:00) Arms Wave arms left, wave arms right

3-4 Pop chest forward, pop chest forward 5-6 Turn 1/4 right step left to left, hold (12:00) Arms Wave arms left, wave arms right

7-8 Pop chest forward, pop chest forward

1/4 Side, Hold, Hip Roll, 1/4 Side, Hold, Hip Roll

1-2 Turn 1/4 right step left to left, hold (3:00)

Arms Throw both arms up, throw both arms down

3-4 Roll hips anticlockwise from left to right over 2 counts

5-6 Turn 1/4 right step left to left, hold (6:00)

Arms Throw both arms up, throw both arms down

7-8 Roll hips anticlockwise from left to right over 2 counts

Side Slide x4

1-2 Step left to left sliding right towards left over 2 counts

3-4 Step right to right sliding left towards right over 2 counts

5-6 Step left to left sliding right towards left over 2 counts

7-8 Step right to right sliding left towards right, step left to left

Look Up, Look Down, Look Up, Look Down

1-2 Look up, hold

3-4 Look down, hold

5-6 Look up, hold

7-8 Look down, hold

##Tag 2 After 32 counts of Wall 5

Drum Arms

1-8 Drum arms as fast as you can for 8 counts

Step Back diagonal, Ball Step, Step Back diagonal, Ball Step, 1/2 Jazzbox

1&2 Step right back to right diagonal, step left beside right, step right beside left

3&4 Step left back to left diagonal, step right beside left, step left beside right

5-6 Cross right over left, turn 1/4 right step left back (9:00)

7-8 Turn 1/4 right step right forward, step left forward

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Drum Arms

1-8 Step right to right and drum arms as fast as you can for 8 counts

Step Back diagonal, Ball Step, Step Back diagonal, Ball Step, 1/2 Jazzbox Touch

1&2 Step right back to right diagonal, step left beside right, step right beside left

3&4 Step left back to left diagonal, step right beside left, step left beside right

5-6 Cross right over left, turn 1/4 right step left back (9:00)

7-8 Turn 1/4 right step right forward, touch left beside right